

Come kick off the Boatnik Parade festivities with a 5k run enjoying the beautiful Rogue River along the way

 Where: Start on 6<sup>th</sup> & C Street and finishing in Reinhart Volunteer Park (All Sports Park) at the DCS Shelter
 When: Saturday, May 24, 2014 Time: 9:30am

**Registration options**: You are highly encouraged to register online at <u>www.GetMeRegistered.com/GP5KFR</u> (look for "Search for Events" & put in race name). You may also register in person or mail your entry to Competitive Athletics, 105 NE 7th St., Grants Pass, OR 97526. A secured drop off box is located at Les Schwab, 320 Union Ave. Online registration is open thru May 22<sup>nd</sup>. Mail-in & Les Schwab drop off entries must be received by May 21st. In-person registration at Competitive Athletics is open until May 23<sup>rd</sup> at 5pm. Please no day of race entries.

**Race packet pick-up**: Friday, May 23rd from 3pm-5:30pm at Competitive Athletics, 105 NE 7<sup>th</sup> St., Grants Pass, OR 97526. Saturday May 24<sup>th</sup> from 7:30am-9:00am at John L. Scott parking lot, 705 NE 7<sup>th</sup> Street, Grants Pass, OR 97526. We encourage you to pick up your race packets on Friday.

**Start line:** Racers will start right before the Boatnik Parade takes place on 6<sup>th</sup> & C St. <u>However</u> racers will need to congregate at the John L Scott parking lot, 705 NE 7<sup>th</sup> Street, GP, until we are called over to our "staging" location on 6<sup>th</sup> & C Street. We will notify you when we can move over to that area. Parking information on back of form.

**Finish line**: The finish is at Reinhart Volunteer Park (All Sports Park) at the DCS Shelter. Refreshments are for the runners and walkers only please.

**Race-day amenities**: Restrooms at start & finish. Professional chip timing. Water available at start & finish.

**Prize drawing**: Check the prize board at finish to see if you won! We will not mail prizes & prizes must be picked up by the winner only.

Awards: Top 3 overall men and top 3 overall women as well as three deep in age groups 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, and 80+ (overall winners are pulled out of top 3 for individual age groups).

Course map: On back of entry form & <u>www.boatnik.com</u> in the near future.

Race contact(s): Tracy (541) 660-1083, Tonya (541) 660-2011 or Lorraine (541) 660-0449

ENTRY FORM
Last name
First name
Gender male female age race day
Date of Birth (mm/dd/yyy) Street address
City State Zip
Email addressTelephone(  )
Emergency Contact & Phone
A d u l t Y o u t h
Shirt size (circle one) S M L XL S M L XL
Early entry by May 22, 2014 (check one)
5K\$25 5K Youth 18 & Under\$17.00 Add \$5 after 5/22/14
Donation to this event: \$ This is an athletic fundraising event for the youth of GPHS.

Make checks payable to: GPHS Booster Club

ALL SALES ARE FINAL. There are no refunds and you may not transfer your entry to another person. Shirts are only guaranteed if you register prior to May 16, 2014.

## Mandatory release form:

Cut Here

In consideration of your acceptance of this entry, I, for myself, my heirs, administrators, or assign, forever waive, release and discharge any and all rights, demands, claims for damages and causes or suit or action, known or unknown, this I may have against any and all participation sponsors, contributors, supporters, and directors officers, employees and agents of such parties, for any and all injuries and damages in any manner arising or resulting from my participation in the Grants Pass 5K Freedom Run including negligence. I attest and verify that I have medical and emergency expenses in the event of an accident, illness, or other incapacity, regardless of whether I have authorized such expenses, and that I am physically fit and sufficiently trained to participate in this event. I grant permission to any and all the foregoing to use my likeness taken in connection to this event. I agree to return my assigned timing chip at the race finish line or I will pay a \$15 replacement fee. I understand that bicycles, skateboards, baby joggers, roller skates or inline skates, and animals are not allowed in the race, and I will abide by this guideline.

Participant's signature

Parent or guardian signature if participant is under 18 years old

**Parking**: Suggested parking for check-in and start of race is on/around 8<sup>th</sup> & 9<sup>th</sup> Streets, as well as surrounding Grants Pass High School. Suggested parking at end of race is on/around Aberdeen, Heather Ave and Cottonwood.

